

6th February 2026



Histon & Impington
Brook Primary School

HIBPS Newsletter



Headteacher update

Dear Families,

Despite the weather, it has been an exciting week in school!

Our Reception children were delighted to welcome both a dentist and a vet into their classrooms to talk about their important roles in our community and how they help others. The children particularly enjoyed becoming vets themselves in the role-play area, where they carefully looked after their own animals using bandages and plasters.

As part of their product development work, representatives from Hain Celestial UK (formerly Histon Sweet Spreads – Chivers) visited Year 3 for a yoghurt taste-testing session.

The children shared thoughtful and valuable feedback on a range of samples, with the peach flavour emerging as a clear favourite! Year 6 also enjoyed a visit on Thursday from one of the Heads of House at Impington Village College, accompanied by several Year 7 students. Our pupils had the chance to ask questions, share any concerns and hear about the exciting opportunities and clubs available as they prepare for the next stage of their school journey.

Thank you,

Richard Bakker
Headteacher



Meridian
Trust



School News – 5EP Dance Display



5EP Dance Display

A Moving Message of Kindness

On Monday 19th January, the talented children of 5EP captivated their audience with a powerful and emotional contemporary dance performance, beautifully conveying the importance of kindness and compassion towards one another.

Over several weeks, the children have worked collaboratively to create and refine their own motifs, experimenting with a range of compositional devices including pair relationships, dynamics and expressive movement. Their dedication, creativity and teamwork shone through in every moment of the performance.

The dance left a lasting impression on everyone who watched, delivering a thoughtful and inspiring message that truly resonated.

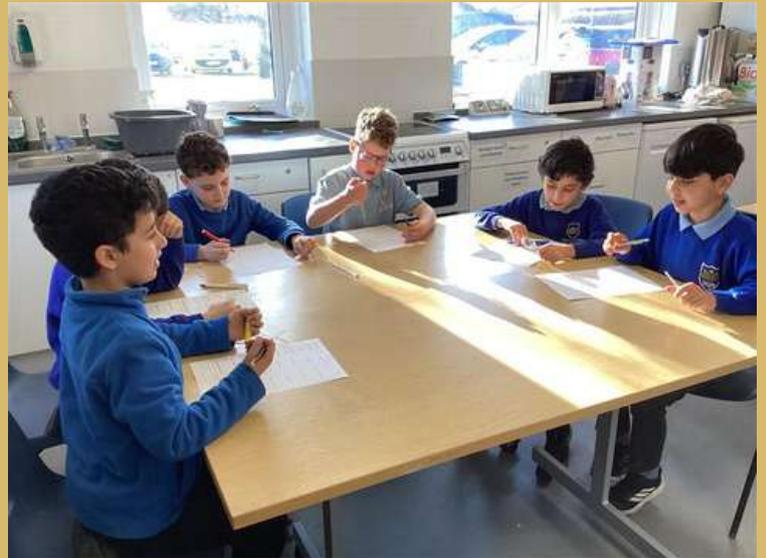
A huge well done and thank you to Year 5 for such a meaningful and thought-provoking performance, you should be incredibly proud of yourselves.



School News – Year 3 Yoghurt Tasting

On Wednesday 4th February, Year 3 had the exciting opportunity to work with visitors from Hain Celestial UK as part of their product development work. The children took part in a taste-testing session, sampling a range of ambient pasteurised yoghurts and offering thoughtful feedback on each one.

This collaboration gave the pupils a real insight into how new food products are created and refined. By sharing their views, the children contributed directly to a genuine development process – feedback that may even influence products that appear on supermarket shelves in the future.



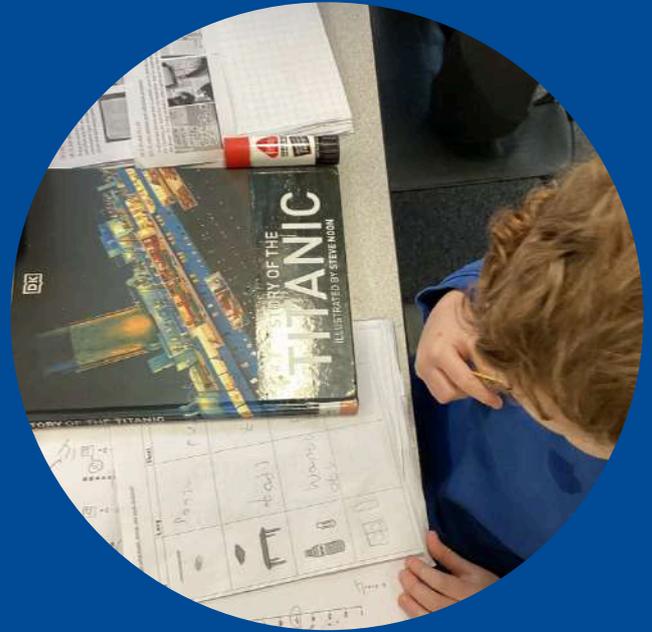


KS1 updates

Year 1 - making houses in Art



Year 1 - measuring height



Year 2 - architectural creations



Year 2 - making puppets in D.T.





KS2 updates

Year 3 – Egyptian pyramids and trade



Year 3 – practising mummification



Year 4 – collage and monoprinting



Year 4 – collage and monoprinting





KS2 updates

Year 5 – performing poetry



Year 5 – making fairground rides



Year 6 – visit from IVC Head of House



Year 6 – exploring volume in Maths



Job Vacancies:

Please find below a link to vacancies within our Trust Area.

<https://mynewterm.com/jobs/139086/EDV-2026-HAIPPS-18086>



Key Dates : This Term

Date	Time	Event
Wednesday 11 th February	3.15pm	PTFA & Year 2 - Cake Sale
Thursday 12 th February	10-12.15pm	Selected Students - Quick Sticks Hockey Tournament
Friday 13 th February	TBC	Class 4JB - Trip to Fitzwilliam Museum
Fridays from 13 th February	Lunchtimes	Year 1 - Friday Lunchtime Cricket Coaching with Steve Taylor.
Monday 16 th February - Friday 20 th February	All Day - Every Day	School - Half Term Holiday
Tuesday 10 th March	Appointments from 3.30pm	All Years - Parents Consultation Evening Appts.
Wednesday 11 th March	Appointments from 3.30pm	All Years - Parents Consultation Evening Appts.
Monday 16 th March	10:00	Level 2 & 3 - Bikeability Training
Friday 20 th March	4.45pm-6pm	Reception & KS1 Classes - Movie Night
Tuesday 31 st April	TBC	Years 1.3 & 4 Giant Journey - Virtual Reality Experience
Monday 11 th May - Thursday 14 th May	Mornings	Year 6 - SATs week
Monday 1 st - Wednesday 3 rd June	TBC	Year 6 - Residential Trip to Grafham Water Centre
Friday 12 th June	3.15pm-6pm	PTFA School Summer Fair
Monday 22 nd June & Tuesday 23 rd June	TBC	Year 6 - IVC Transition Days



Histon & Impington
Brook Primary School

**HISTON AND IMPINGTON BROOK
PRIMARY SCHOOL PTFA**

Cake Sale

Wednesday 11th February

3.15pm

Our Y2 classes will be selling lots of delicious cakes for everybody after school in the playground to raise funds for our school.

All cakes 50p or £1 – cash preferred!

Any queries, please email: hijsppta@gmail.com



HIBPS PTFA

QUIZ NIGHT FOMO

Can't make the quiz night? We understand.

Maybe you've got childcare to juggle.

Maybe evenings are chaos.

Maybe competitive quizzing just isn't your

thing 🧠💡 No problem - you can still

support the PTFA.

Skip the head-scratching and donate £5

instead: [LINK BELOW](#)

Good vibes without the tricky questions

Thanks for your support! PTFA

<https://www.pta-events.co.uk/hijS>



HIBPS PTFA

REGULAR GIVING

No time for bake sales?

Here's the thing- our PTFA helps fund a range of enriching activities and projects. From new books your kids love, to amazing playground equipment, subsidising school trips that create memories and more.

However, we can only do it with your help. The good news? If you're time-poor but still able to give, then a regular donation is an easy way to contribute.

£10/month = less than two fancy coffees. But 50 families doing it = £6,000/year for our kids. They'll benefit from it. Everyone wins.

PAYROLL GIVING

Tax-efficient: £10 a month costs you only £8 (just £6 for higher rate taxpayers)

Charity name: Histon and Impington Brook Primary School Parent-Teacher-Friends Association
Charity number: 268870

On board? Click this [link](#) to get started

STANDING ORDER

Set up a standing order to:

Account number: 43091589
Sort code: 20-17-20
Bank: Barclays
Account name: Histon and Impington Brook School PTA
Ref: Your name

Email hijpspta@gmail.com a [Gift Aid form](#) so we can claim an extra 25p for every £1 donated.

What Parents & Educators Need to Know about DIGITAL DEVICES & WELLBEING

Children aged 7 to 14 now spend roughly 3 to 5 hours a day on phones, tablets, consoles, and computers. That much screen time has parents and educators worried – not just about the hours logged, but about online safety and the knock-on effects on mental health. This guide brings together practical, expert-backed strategies so adults can nurture healthier digital habits and help young people thrive both on and offline.

WHAT ARE THE RISKS?

SLEEP DISRUPTION

Excessive screen time, especially before bed, can interfere with melatonin production and delay sleep onset. Children may struggle to concentrate or regulate emotions due to poor sleep hygiene linked to late-night device use.

ONLINE PEER PRESSURE

Social media platforms expose children to unrealistic standards and peer validation loops. Likes, comments, and follower counts can influence self-worth and lead to anxiety or risky behaviour to gain approval.

CYBERBULLYING EXPOSURE

Children may encounter bullying through messaging apps, games, or social media. This can be persistent and anonymous, making it harder to detect. Victims often feel isolated and reluctant to report incidents.

REDUCED PHYSICAL ACTIVITY

Time spent on screens often replaces outdoor play and physical activity. This sedentary lifestyle can contribute to obesity, poor posture, and reduced cardiovascular health.

EMOTIONAL DYSREGULATION

Fast-paced digital content can overstimulate young brains. Children may become irritable, impatient, or struggle with boredom and emotional control when not engaged with screens.

PRIVACY AND SAFETY RISKS

Children may unknowingly share personal information or interact with strangers online. Without guidance, they may not understand the long-term consequences of digital footprints or unsafe online behaviour.

Advice for Parents & Educators

SET CLEAR BOUNDARIES

Establish screen-time limits and device-free zones, e.g. classrooms and dinner tables. Use parental controls and co-create a digital use agreement with children to encourage accountability. Trying a visual schedule or timer app can help children understand and stick to limits.

MODEL HEALTHY HABITS

Children mirror adult behaviour. Demonstrate balanced device use, take regular screen breaks, and prioritise face-to-face interactions to reinforce positive behaviours. Making a habit of putting your phone away during meals and conversations can show that real-life interactions come first.

ENCOURAGE OPEN DIALOGUE

Create a safe space for children to talk about their online experiences. Ask open-ended questions like, "What did you enjoy online today?" to build trust and awareness. Try setting aside 10 minutes each day for a digital check-in where children can share what they've seen or done online.

PROMOTE DIGITAL LITERACY

Teach children how to evaluate online content, recognise misinformation, and understand privacy settings. Empower them to think critically and act responsibly in digital spaces. You could use real-life examples from the news or social media to help children practise spotting fake information.

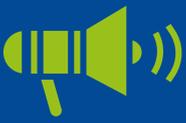
Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which works with schools on improving their mental health provision.



#WakeUpWednesday

The National College



Our Outside School Achievements!

We love seeing your fabulous achievements outside of school!

Please e-mail the office at office@brookprimary.co.uk if you have any achievements you would like to celebrate with everyone!

Please say if you and your child are happy for it to go in the Newsletter, in the school Celebration Assembly or on the Celebration Wall, or any combination of these.

Eirini and Anna's Fundraising Challenge!



Eirini and Anna have started a fundraising challenge, aiming to run 150k between them in 6 weeks!

We have decided to set ourselves a running challenge to fundraise for charity. We are planning to run 150 kilometres between us within 6 consecutive weeks, having started on 13/01/2026.

Our chosen charities are Arthur Rank Hospice and Centrepoint.

- *Arthur Rank Hospice supports people living in Cambridgeshire with an advanced serious illness or a life-limiting condition and those in need of end-of-life care.*
- *Centrepoint is the UK's leading youth homelessness charity, they support over 15,000 young people every year and campaign to end youth homelessness by 2037.*

We have selected these charities as we believe they both serve important causes and together they cover a wide range of issues. We greatly appreciate any donations, big or small. Thank you in advance for supporting both us and these charities.

Here is the link to their fundraising page:

<https://gvwhl.com/APXK4>

Please support Eirini and Anna if you can,

What a wonderful challenge to take on. You are amazing!

We look forward to hearing all about your progress.

Goodluck!

Donations needed please!



THE CAMBRIDGESHIRE
CONVOY CLUB



Sunday 5th April 2026
The Cambridgeshire Convoy Club Are Doing Children's Easter Egg Run.
Delivering Easter Eggs To Children & Staff In Peterborough City Hospital
Hinchingbrooke
Addenbrookes
Any Donations Eggs, Gluten Free/ Dairy Free
Easter Teddy's For Babies.
Cakes & Biscuits For Staff.
Would Be Very Appreciated
Any Left Over Will Be Took To Papworth Critical Care Unit Who Saved Our Dads Life!
Anyone Who Wish To Donate Or Sponsor Please Contact Me.
Thankyou





FEBRUARY HALF TERM: FOOTBALL HOLIDAY CLUBS

9.00AM - 3.30PM

DC Sports



OPEN TO 4-11 YEAR OLDS!

**WEDNESDAY 18TH FEBRUARY:
HISTON & IMPINGTON BROOK**

**THURSDAY 19TH FEBRUARY:
HISTON & IMPINGTON BROOK**



£30

WWW.DC-SPORTS.CO.UK

DC SPORTS CLUBS!

**THURSDAY - RUNNING
CLUB: 8.00 - 8.40AM
(YR 4, 5 & 6)**

**THURSDAY - MULTI
SPORTS CLUB: 3.30 -
4.30PM (YR 4, 5 & 6)**

**FRIDAY - RUNNING CLUB:
8.00 - 8.40AM
(YR 1, 2 & 3)**

**FRIDAY - MULTI SPORTS
CLUB: 3.30 - 4.30PM
(YR 1, 2 & 3)**



DC Sports



Histon & Impington
Brook Primary School

BOOK NOW!

WWW.DC-SPORTS.CO.UK



We Are Hiring MathsFit Educators Across Cambridgeshire

Looking for paid, flexible after-school work?

Multi award winning MathsFit delivers fun active maths sessions for children aged 5–9.

1 hour immediately after school
(term-time only)

Up to £40 per session + paid
training

Ideal for students, part-time workers, career-break returners,
retired teachers, coaches or tutors.



Full training, session plans and ongoing support provided



Have flexibility - deliver 1 or up to 5 one hour sessions



DBS, safeguarding and first aid (MathsFit supports you through this process)



A car is required due to travel between school locations



No formal teaching qualification is required — just energy, reliability and enthusiasm.



To find out more visit
www.mathsfit.co.uk and drop us an
email hello@mathsfit.co.uk

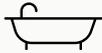


We'd love to hear from you!

Education Inclusion Family Advisor Newsletter February 2026

A Bit About Me

Hi, my name is Jurate Trumpickiene, and I am your school's link EIFA. As an EIFA I offer advice and strategies to parents and carers with a Primary School aged child that may be experiencing some challenges such as routines, sleep, sibling rivalry, challenging behaviour, worries or self-esteem. If you'd like a chance to chat about any of these topics, just contact me on the details below.



Parenting Top Tip



Parents and carers often prioritise the needs of others and place their own wellbeing last, which can increase the risk of stress and burnout. Children learn by example, and when they see adults acknowledging their feelings and taking steps to care for themselves, they develop the skills to recognise and manage their own wellbeing.

Ahead of half term, our EIFA workshop will focus on family wellbeing, exploring practical ways to support self-care and introducing simple tools to help build and maintain healthy routines for the whole family.

Please join us for the Family Wellbeing session on Tuesday 10th February at 12.00. To book a place, please click the link or scan the QR code [Microsoft Virtual Events Powered by Teams](#)



Create a paper lantern

Tuesday 17th February is Chinese New Year and 2026 is the year of the fire horse, symbolising growth mindset in the form of independence, creativity, ambition and energy to name only a few.



Why not create a paper lantern to celebrate.



- Take a piece of A4 paper or thin card.
- Fold it in half lengthways and make equally spaced cuts along the length of the paper/card (using scissors) - Make sure you leave a 3cm gap at the top and bottom and both ends of the paper/card.
- Open the paper/card and fold it round into a cylinder shape.
- Glue or sticky tape the ends together and decorate your lantern with paints, pens, sequins or sticky gems.

Children's Mental health week is taking place between the 9th-15th February

This year's theme is 'This is my place' and is around creating an environment that gives our children and young people a sense of belonging.

Place2Be have a whole range of resources and activities available to download for free.

[Place2Be's Children's Mental Health Week - Official site](#)

Does your child have, or potentially have, an additional need or disability?

Pinpoint www.pinpoint-cambs.org.uk have lots of information, advice and tips.

For **Cambridgeshire's Local Offer** go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer



Jurate.Trumpickiene@cambridgeshire.gov.uk

<https://forms.office.com/e/MK4VD8wiFt>

